

NEWS OF THE GRADE AND PAROCHIAL SCHOOLS OF SOUTH BEND

EDITED BY THE PUPILS

Essays on "Why Fresh Air is

Good for Us" Swamp School

Editor: Muessel Sends 109

Never before has a subject proved so popular with school essayists as "Why Fresh Air is Good for Us." The school editors could hardly see over the big pile of essays that collected on her desk. There were 109 essays from one school alone! That school was the Muessel where children from 6B to 7A competed—several, as you see, successfully. The contest proved one thing satisfactorily, at any rate, and that is that the men and women of the future—those who are boys and girls today—will know better how to keep their health and be strong men and women than did their grandmothers and grandfathers.

Because the essays were so well-written and their contents so beneficial, we are printing all the prize winning essays and several of those which received honorable mention.

There is not a boy or girl in the schools, certainly, who has not felt the first touch of spring already and is not looking forward to the coming of the warm sunshine and the birds and flowers which it brings. In order, therefore, that we may have a warmer spot in our hearts for the birds when they return from their sojourn in the south, let us write for next week on "The Value of Birds."

The list of prize winners and the essays taking prizes on the subject "Why Fresh Air is Good for Us" are as follows:

Prize prize, \$1.00—Margaret Geyer, Muessel school, 7B.

Second prize, two tickets to the Orpheum—Catharine Zeiger, St. Joseph's academy, 7th grade.

Third prize, two tickets to the Auditorium—Edward Merrill, Perley school, 5B.

Fourth prize, two tickets to the Majestic—Harold Melser, Perley school, 7A.

Fifth prize, two tickets to the Colonial—Oscar Johnson, Colfax school, 5A.

Sixth prize, two tickets to the Surprise—Elnora Ramey, Perley school, 7A.

Honorable mention—Sareita Bohn and Viola Fetters, Perley school; Lucille Witamyer, Edith Bogner, and Margaret McClane, St. Joseph's academy; Hazel Ritter, Kaley school; Mary Calvert, Colfax school; William Jackson, Margaret Nesmith, Walter Patzkowski, Frederick Fischer, Helen Smith, Gladys Rynearson, Virginia Hull, Bernice Keller, Ruth Voedisch, Agnes Marowsky, Dorothy Lemons, Emil Lehmann, Devon Ehrenman, Isabel Barter, Roy Hawkinson, Millard Mendenhall, Waldo Sundsmo, Bertha Keene and John Zuer, Muessel school.

FIRST PRIZE.

By Margaret Geyer, Muessel School.

We know fresh air is very important, and if we were to be without it we would not be able to live.

We must have fresh air to purify the blood; that is, when the blood comes to the lungs for air it must have fresh air, in order to make it as pure as it can be. We must have fresh air to aid in digesting the food, to keep our lungs in order and one of the most important ones is to prevent consumption and other diseases which come from not having enough fresh air.

We know that we must have fresh air to live. Fresh air gives us energy. In the morning when we arise and do not feel as wide awake as we should, if we go out of doors for a short time it awakens us and gives us energy. The reasons why we need fresh air are so numerous that it would take many books to tell all of them.

SECOND PRIZE.

By Catharine Zeiger, St. Joseph's Academy.

We require fresh air as well as we require food. It is very important that we learn about fresh air and how we can ventilate our homes, school room, work shops and public places so that we shall be breathing fresh air all the time.

In the first place we breathe the fresh air into our lungs and the oxygen that is in the air purifies the blood which flows through our veins. The more fresh air we breathe the more robust we become. So it is easy to see the difference between a person that is in the fresh air and one who stays in doors all the time. Children are more seriously affected by impure air than grown people are.

Plants like people have to have fresh air or they could not live. Consequently without fresh air nothing could live.

THIRD PRIZE.

By Edward Merrill, Perley School.

We need fresh air for numerous reasons. Our lungs require it and we should not sleep with our windows closed unless it is a very cold night. Although fresh air is needed, you should be careful of draughts. Tuberculosis is caused from hot, stuffy, little rooms where no fresh air can come in and kill the germs. Fresh air will give us a hearty appetite, and nothing does any more good than a walk before breakfast, breathing through your nose and taking long, deep breaths of the morning air.

It is not healthy to live near a mill or any other smoky manufacturing plant as this poisons the air and is not fit to breathe into the lungs. They are the most delicate part of our body and need proper care. There is no treatment better than plenty of good, clean fresh air. If air is being taken to the lungs through the mouth it carries all the germs with it, while going through the nose it is purified. Fresh air that is breathed through the mouth doesn't do one-quarter the good that the air inhaled through the nose does. Fresh air also gives us a good complexion.

We need fresh air then for four reasons: To give us an appetite, to keep our lungs in perfect working order, to prevent tuberculosis and to keep us from being ill.

FOURTH PRIZE.

By Harold Melser, Perley School.

Some people who are afraid of fresh air sleep with their windows closed. In reality fresh air is as harmless as a baby. If we do not have fresh air to breathe we cannot live well, for we must have fresh air not only for breathing purposes but also to purify our blood. If fresh air is injurious, as some people suppose, why are invalids kept in it, out of doors, and on screened porches?

If anybody has tuberculosis or typhoid or some similar disease the doctor always says, "Get plenty of fresh air."

We need fresh air in it, like the Indians always are, we would have less sickness. We seldom hear of an Indian being sick. Why is it we ask? Because he lives out of doors only, for fresh air keeps him well.

FIFTH PRIZE.

By Oscar Johnson, Colfax School.

No one can live well or long without good, fresh air. The oxygen that is in the air is the best and we must breathe it day and night, not to be taken in sparingly as if it were a dangerous poison. Some people are afraid of fresh air. It helps you to live well. If you are sick with consumption, sleep out doors where you get plenty of air that has plenty of oxygen in it. They should not be afraid of draughts, that is, currents of the air. Fresh air helps you to live well, to cure consumption.

SIXTH PRIZE.

By Elnora Ramey, Perley School.

There are two very important reasons why we need fresh air. First we need fresh air to supply us with oxygen and second to carry off all dust and poisonous gases. If we did not have fresh air we could not live. If a great many people were in a room breathing over and over the same air it becomes very poisonous. People that almost live out of doors are most always healthier than those who live in doors. People that have colds all the time think it is caused by too much fresh air, but they are mistaken, as they probably caught them by staying in heated rooms where there was no fresh air.

HONORABLE MENTION.

By Sareita Bohn, Perley School.

It is said that fresh air is good for us for several useful reasons. The greatest is to have our body supplied with oxygen, and to breathe plenty of pure air and less of impure air. We should also provide air that can carry off dust and other poisons, and moisture. The body needs food, clothing, bathing and drink, but none of these wants are so pressing as that for air. The other demands may be met by various means, but air must be furnished every moment or we die. No tonic will so invigorate as a few full, deep breaths of cold, pure air. Air is the best medicine God could give. We should use it and not be shut up in warm rooms or sleeping with your windows down.

HONORABLE MENTION.

By Lucille Witamyer, St. Joseph's Academy.

Fresh air is very necessary to man and animal. If it were not for fresh air we could not live. If we were to go into a house where the windows are closed, it is unhealthy and seems very warm, but a room where the windows are opened always seems very cool, although the temperature is the same. That is because in the unhealthy room we breathe the same air which is impure and that makes the lungs weak, but in a fresh air room we throw out the impure and breathe in the pure. We should always breathe through our nose, as in the nose there are little hairs to catch the dirt and germs and prevent them from going to the lungs; but breathing through the mouth the impure air goes straight to the lungs.

HONORABLE MENTION.

By William Jackson, Muessel School.

Fresh air is good for you because it prevents disease. When you stay in one room all the time, you breathe all the oxygen out and there is nothing left but nitrogen, and the people who stay in the house all the time are not so strong as the ones who stay out doors most of the time. That is therefore fresh air makes you strong. If you don't have fresh air you don't breathe enough oxygen, but a large amount of nitrogen.

If you sleep in a room where the window is not open you will catch a cold, so fresh air prevents colds.

COLFAX SCHOOL

Cerlane Seegmuller and Darrell Gooley, Editors.

KINDERGARTEN.

Albert Kirk has a new suit.

THIRD GRADE.

Esther Steiner, George Cauffman, Hildred Schuell, Maxwell Mikart, Arthur Shuck, James De Haven, Beulah Simons, Welma Calahan and

James Bunker had perfect arithmetic papers all last week. We have enjoyed painting our Christmas toys very much. We are learning "Our Flag." Our room wrote stories about the first flag and pasted flag stickers on the paper, making them very pretty.

SEVENTH GRADE.

We are spelling for head marks again this year.

In history the 7-B's are studying about "Spain in America." The 7-A's are having "The Last Days of Pompeii" in grammar. We are writing Washington stories. Some of the best stories are going to have a picture of Washington on them.

The following pupils have each a head mark in spelling: Frederick Crocker, Florence Rexford, Willis Vanderbeck, William Johnson, Clara Swenck, Floyd Crawford, Edwin Pattee, Willard Noland, Dorothy Morgan, Robert Ott, Bernice Fiedler, Irene Norlander, Bessie DeMas, Darrold Gooley.

Every Friday we have a spelling consisting of 50 words. If anyone goes below 80 they stay and make up the words. We are working very hard so everybody will receive a grade above 90.

A few weeks ago we wrote letters to the school children in South Bend, Wash., telling them all about our school. Many of the children have received very interesting answers telling about the schools up there. We are having parallel perspective in drawing. We think it is very interesting.

ELDER SCHOOL

Etta Norris and Maud Alexander, Editors.

FIRST GRADE.

Room 20 will have a Washington program next Monday for their assembly.

FIFTH GRADE.

Cecil Shuck, Wayne, Ind., has been visiting the 5-B grade this week.

SIXTH GRADE.

Vera Reed has been transferred from the Lincoln school to the 6-B in Elder.

The 4-B grade has the marching banner on the lower floor. The 4-A grade has the marching banner on the upper floor. Miss Lindsey, our drawing and music teacher, went to Chicago Thursday.

Mrs. R. Maxson visited the middle assembly section Wednesday.

The 6-A's gave a Lincoln program Friday during the assembly.

PERLEY SCHOOL

Viola Fetters and Sareita Bohn, Editors.

SEVENTH GRADE NOTES.

The seventh grade celebrated Lincoln's birthday Thursday, Feb. 11, as we had no school Friday. We had an oral review of him and enjoyed it very much.

Viola Fetters and Sareita Bohn kept up our weekly record in prize winning.

We are having parallel perspective in drawing. Last Thursday we measured the school grounds and are working the problem. We also intend to make a drawing of it.

We had a history test and the highest mark was 95 per cent in the 7-A, which was received by Viola Fetters and Arthur Goodrich.

We soon intend to have a geography test. The highest mark in 7-B in history test was 95 per cent, which was received by William Bender.

The 7-B girls made cream of wheat and 7-A girls made muffins in domestic science.

We are about to take up the inter-colonial wars which we hope are very interesting. Gladys Rae and Sareita Bohn have not missed in spelling since school began.

The perfect spellers for this week are Sareita Bohn, Viola Fetters, Hilda Miller, Gladys Rae, Elnora Ramey, Helen Shaw and Francis Thome of 7-A; Earl Gearhart, Violet Hosler and Anna Russwurm of 7-B.

GENERAL NOTES.

We are very glad for the nice spring weather that is coming on, also because the groundhog did not see his shadow.

Our school honored Feb. 15 by putting the flag up at half mast, because it was the anniversary of the sinking of the Maine, which was sunk 17 years ago.

We are having out door recess since nice weather has begun.

We are getting on successfully and also enjoying the penny lunch.

MADISON SCHOOL

Henry Davis and Elizabeth Longley, Editors.

Elizabeth Longley, one of the editors of this school, went to Indianapolis Wednesday to visit at the capitol while the legislature is in session.

All of the departmental rooms had a Valentine box Monday afternoon, the last period. The boxes were heaped very high so every one went home loaded down with boxes and envelopes.

A free will offering was taken last week and now our school has something between five and six dollars in the treasury, with which to buy victrola records and needles.

The Madison school pupils were very happy over their emancipation on Lincoln's birthday. It is the first holiday we have had on Lincoln's birthday for a long time.

The kindergarten had a party Wednesday morning in honor of Walter Shidler. A great many games were played, among them were mother goose, Mother Goose was chosen by Walter Shidler. There was also a sliding and a skipping game.

Then the table was set and the little folks were seated at the tables. The tables were decorated in red and white. Then the children were served with cream ice cream and sugared doughnuts which all of them ate with a very good appetite. Then little red dishes of paper with candies in them were given to the kindergartners by the mothers and teachers of the children. The visitors of the party were Mrs. Stanfield, Mrs. J. W. Shidler, Mrs. Clem Shuck, Mrs. Laura Shidler, Mrs. Marie Shidler, Mary Shid-

ler, Evelyn Shidler, Miss Marie Spain, Mrs. J. W. Toyne, Mr. Brother, Mrs. Derr, Mrs. Badet, David Stanfield, Henry Davis. There were also 41 children.

The visitors of the week were Mrs. Ross, Mrs. Cassaday, Mrs. Teideman, Mrs. Stogsall.

ST. STANISLAUS SCHOOL

C. Bierwagen and E. Szulczek, Editors.

SIXTH AND SEVENTH GRADE.

Both grades had a spelling test consisting of 100 words. The highest per cent went to W. Kaczmarek of the sixth.

We have a new boy in our room; his name is S. Opaczewski. Our daily record shows that they are more 1's than 0's.

All the pupils are preparing a composition about George Washington for the 22nd of February.

FOURTH GRADE.

One of our pupils during the geography recitation said that the United States is in the center of Canada.

The boys and girls from our room made good resolutions for Lent. The best one was made by Clementina Latowska and Frank Klinek.

New pupils were promoted to our room. Their names are: Mary Piechorowska, J. Kyniewski and J. Lewandowska.

Our composition on Abraham Lincoln and Ash Wednesday were pretty fair.

The boys advanced in drawing this week. They made Lincoln's log cabin in the forest with only one window and door.

THIRD GRADE.

We have had a little examination this week. We miss three good scholars, for they were advanced to the higher grade. We were also glad to see the good scholars coming from the second grade. They are: Gronkowska, H. Hanyzewska, B. Luczkowska and J. Kluska.

SECOND GRADE.

We celebrated Lincoln's birthday by telling the story of his life and singing national songs.

Three girls have been promoted to the third grade: H. Gronkowska, B. Hanyzewska and J. Luczkowska.

Some one of the class said geography was an animal.

Jankowska, S. Mixtaek and Swelchowska are the best in arithmetic.

KINDERGARTEN.

Kindergarten will begin drawing and sewing Friday.

Advanced in lessons are Czyzewska, Opaczewski, skarupinski, Matuszak and Slomski John.

OLIVER SCHOOL

Catherine Chiazar and Alice DeWinne, Editors.

FIRST GRADE.

George Gray of 1-B is absent on account of illness.

Joseph Fusz has returned after several days' absence and will be in the kindergarten on Monday.

Ingemar Knudson of 1-A who has been ill for the past week has returned to school.

SECOND GRADE.

Anna Ordin is absent on account of illness.

Alex Horvath has moved to Elkhart.

Rose Papoi was transferred to the Lafayette school.

THIRD GRADE.

Frank Gray is absent on account of illness.

We have started weaving our teamats.

Our illustrated Washington stories were very good.

We are drawing toys in drawing this week in 3-A.

We are learning a new poem, "The Rainy Day," by Longfellow.

We are studying the life of Henry Wadsworth Longfellow.

We are studying about the mouth and its use in physiology.

We are reading the story about "The Last Lesson in French" in reading.

Section two had the best record in arithmetic for the week.

There were 2 perfect papers in spelling for this week.

FOURTH GRADE.

Louis Horvath has moved to Virginia.

Frank Papoi has been transferred to the Lafayette school.

The 4-B girls have started weaving their trays.

FIFTH GRADE.

The 5-A's have completed their poem books. They will copy their poems in them.

Harold Timm is absent on account of illness.

SIXTH GRADE.

Ethel and Martha Kizer have the mumps.

Goldie Wyford and Anna Plinteries are absent on account of illness.

Miss Parker, Miss Pham and Mr. Koenig were the supervisors that visited the grades this week.

Mr. Jones, representing the Silver Burdette Co., visited the music classes Tuesday.

Miss Haney and Miss Cury have been ill.

Miss Stevenson and Mrs. Buechner taught their classes.

KALEY SCHOOL

Florence Van Dorn and Josephine Beach, Editors.

Miss Chilcote has been absent most of the week on account of illness.

Mrs. Hickman is taking her place.

Miss Witter was absent Monday and Tuesday on account of sickness. Miss Adelsperger, the principal, taught for her.

The domestic science pupils entertained at a luncheon Thursday noon.

The guests were Miss Adelsperger, Miss Hamilton, Miss Rice, Miss Reamer, Miss Harrison and Miss Snapp.

Elizabeth Horvath of the 5-A grade spelled down her class in a spelling match Thursday.

The words were all geographical names based on the study of South America.

Harold Ransdell of the 5-B was severely injured while playing Wed-

nesday. He could not return to school Thursday, or Friday.

Mr. Barnes, Mr. Hammerschmidt and Mr. Ward were at the building Wednesday.

Mr. Montgomery and Miss Phelps were at Kaley Wednesday morning.

MUESSLER SCHOOL

John Campbell and Nelson Dodge, Editors.

GENERAL NEWS.

The Muessel school building was fumigated last Saturday. We fear many of our plants have been killed.

Last Monday many grades had a Valentine box, especially the primary grades.

The manual training department under Mr. Appleman sent our school three nice tables. We wish to express our gratitude.

Fire drill was given last Wednesday in the afternoon. The pupils were out in about one minute. The kindergarten children were not there.

A number of our teachers went to hear the talk by Mr. Ward in civics centers at 4 o'clock Wednesday.

Supt. Montgomery visited us all Tuesday morning.

SEVENTH GRADE.

The 7-A spelling average is as follows: Boys, 57.5 per cent; girls, 58.5-11 per cent.

The 7-B domestic science class made cream of wheat this week. Next week they will cook rice.

Joseph Coughlan has entered the 7-B from Chicago.

Helen and Harold Smith, William Holly and Fude Myers were transferred to the grammar school.

SIXTH GRADE.

The 6-A's are doing very nicely in perspective drawings.

We are studying parallel perspective in drawing and find it very interesting.

We are going to have a product map of North and South America on the board to illustrate our work.

FIFTH GRADE.

Idah Smith is absent because she has the chickenpox.

FOURTH GRADE.

The 4-A's are taking up long division this week.

THIRD GRADE.

Dorothy Treadwell is absent with the grippe.

James Crothers has returned after being absent for several weeks with a broken arm.

FIRST GRADE.

Flag stickers were used on perfect spelling papers in room three this week. Next week we will write our spelling on shield booklets.

We are very pleased to see that some of our children are recovering from the mumps and chickenpox.

Laura Kinney has entered the 1-A after an absence from school of several weeks, due to illness.

The 1-B children are